

# Grilled Sausage and Pepper Kabobs

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Experience a vibrant explosion of colors with this delightful summer grilling recipe! Savory sausage meat, sweet onions, vivid bell, and mini sweet peppers unite to create these flavorful kabobs.

# **Timing**

Prep time	Total time	Skill level
15	27	Easy

### What You'll Need

- > 2 large, sweet onions, cut into thick pieces.
- > 3 medium red, orange, and yellow bell peppers, sliced into colorful chunks
- > 1 bag of Sweetpeps mini sweet peppers, cut into bite-sized pieces
- > 2 lbs. of cured sausage, generously sliced
- > 1 cup of whole button mushrooms
- > 1 cup of cherry tomatoes, for a burst of red
- > ¼ cup of olive oil
- > Salt and pepper to enhance the flavors

#### Salad

- > Fresh greens of your choice (e.g., lettuce, spinach, arugula)
- > Balsamic dressing

## **Directions**

- 1. Preheat your grill to medium-high heat, reaching approximately 375°F (190°C).
- 2. In a small bowl, blend the olive oil, salt, and pepper to create a delightful flavor infusion.
- 3. Brush the thick onion pieces, vibrant peppers, and earthy mushrooms with the flavorful oil mixture, ensuring they are well coated.

- 4. Thread the ingredients onto metal or pre-soaked wooden skewers, creating a visually pleasing mosaic by alternating between the colorful peppers, sweet onions, sausage slices, button mushrooms, and vibrant cherry tomatoes.
- 5. Place the skewers on the grill and let them sizzle for approximately 5 minutes on one side. Then, carefully flip them over and continue grilling for another 5 minutes or until the sausage is cooked through, and the vegetables are grilled to perfection.
- 6. While the kabobs are grilling, prepare a refreshing side salad with fresh greens of your choice. Serve with balsamic dressing for an extra burst of flavor.
- 7. Serve these delectable kabobs immediately, alongside the salad, and relish in the symphony of flavors and vibrant colors that make this summer grilling experience truly unforgettable.